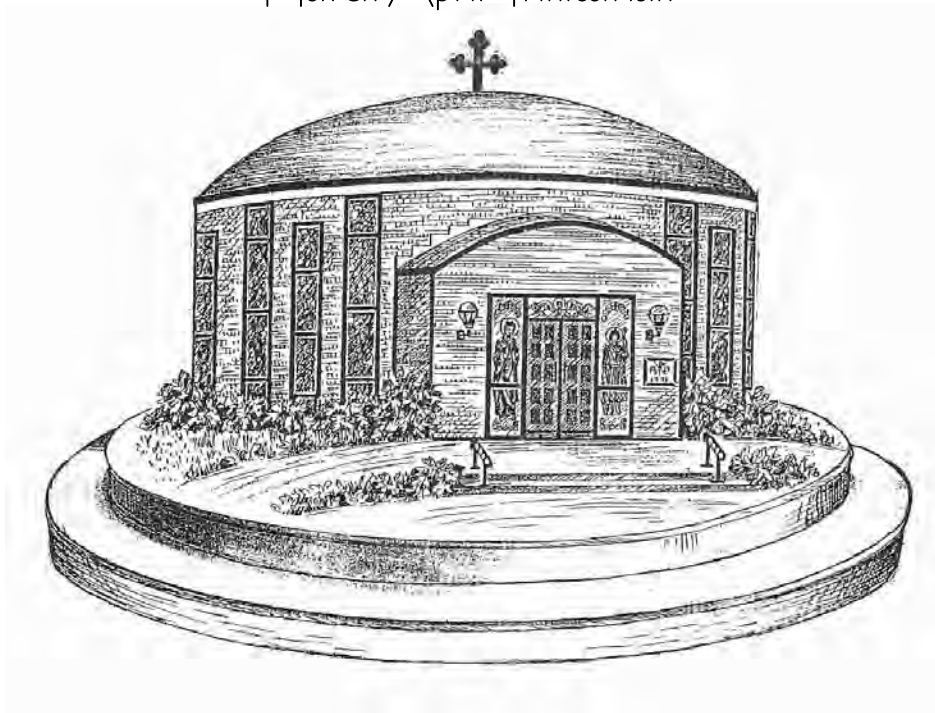


# Holy Trinity Greek Orthodox Church New Rochelle, New York

2011 Parish Directory  
and  
March-April Trinitarian



10 Mill Road  
New Rochelle, New York 10804  
Phone: 914-235-6100 Fax: 914-235-008  
[www.htgocnr.org](http://www.htgocnr.org)

HOLY TRINITY GREEK ORTHODOX CHURCH  
10 MILL ROAD, NEW ROCHELLE, NEW YORK 10804 – (914) 235-6100 Fax # (914) 235-0708

FrAnctil@aolc.om  
PRIEST: Rev. Nicholas Anctil  
EMERGENCY PHONE: Cell # (914) 522-6732

[www.htgocnr.org](http://www.htgocnr.org)  
OFFICE MANAGER: Gigi Longo

**PARISH COUNCIL MEMBERS**

PRESIDENT: George Kondos  
TREASURER: Evan Ziogas  
Gregory N. Apostle, Thomas Dushas, Bill Gianaris, Evan Graf, Cynthia Herzegovitch, Joann Karagandis, Jon Kohilakis, Anthony Loizides, George Manolakis, Anastasios D. Orfanos, Cornelia Pappas, Arthur Prifti, Nickolaos Skubas, George P. Williams, James Zafiros, Williams S. Zegras  
Honorary Members: Philip Koutsis, Nicos C. Los, Nicholas Lyras, Zachary Marantis, John Panas and Gus Varlamos

VICE PRESIDENT: John Dos Santos  
SECRETARY: George Hatjygeorge

**SCHOOLS**

Greek School: I. Pantelaras, Director

Sunday School: E. Pappas, Director

**COMMITTEES**

Archdiocese Liaison: Executive Committee

Maintenance: G. P. Williams, J. Dos Santos, G.

Manolakis

Choir Liaison: G. Manolakis  
Compensation: J. Dos Santos, E. Ziogas, C. Herzegovitch  
Annual Dance: To be determined  
Auction: C. Pappas, A. Orfanos  
Easter Feast: P. Constantinides, P. Koutsis, A. Loizides  
Elections: G. Hatjygeorge, J. Kohilakis  
Board of Elections: E. Zoulis  
Fair Share: J. Dos Santos, J. Karaganidis, G. Hatjygeorge, E. Ziogas  
Finance & Banking Liasons: E. Ziogas, G. Kondos  
Foundation Committee:  
Future Planning: G. Kondos, W. Zegras, T. Dushas, P. Lambros, M. Russon., J. Zafiros  
Ziogas  
Adhoc Members: G. Kondos, Fr. N. Anctil  
Greek School: J. Dos Santos, A. Orfanos, E. Ziogas  
Golf: G. Apostle, P. Koutsis, W. Zegras  
Gym: J. Dos Santos, C. Papademetriou, B. Gianaris, E. Ziogas  
Insurance: G. Hatjygeorge  
Brick Sales: J. Zafiros  
Technology: P. Lambros  
Journal: Fr. N. Anctil, A. Soukas  
Festival: G. Manolakis, C. Papademetriou, J. Kohilakis

Narthex: G. Manolakis, B. Giannaris, G. Hatjygeorge, A. Prifti  
Office: J. Dos Santos, A. Soukas  
Outreach: E. Dushas, A. Loizides, N. & L. Kinas, J. & M. Kohilakis  
Parliamentarian: B. Gianaris, Z. Marantis  
Rental Facilities: K. Carpio  
Rental Liaison: J. Dos Santos, A. Prifti  
Scholarship Liason: G. Apostle, T. Dushas  
Senior Citizen Liaison: G. Apostle, J. Karagandis, C. Pappas  
Sunday School: C. Herzegovitch, A. Orfanos, E.

Agape: J. Daskos, J. Dos Santos, J. Kohilakis  
Youth: J. Dos Santos, C. Herzegovitch, B. Gianaris, N. Skubas, Evan Ziogas  
Audit: P. Lambros, M. Damianides  
Landscaping: J. Karagandis, C. Canelos  
Web Design & Maintenance: A. Soukas, J. Kohilakis  
Inter-religious Council:  
War Veteran: J. Dos Santos, G. Hatjygeorge  
Festival Raffle:  
J. Dos Santos, G. Hatjy-  
george

**ORGANIZATIONS**

Philoptochos:  
Young at Heart:  
Sr. Choir:  
Sr. Organist:  
Jr. Choir:  
Psaltis:  
"Mommy & Me"  
Youth Advisor:  
GOYA:  
JOY:  
H.O.P.E.  
YAL:  
Mr. & Mrs. Club

S. Madouros  
C. Canelos  
H. Hiotakis  
S. Papaioannou  
G. Mavrovitis  
A. Lampousis, Dr. J. Pantginis  
S. Resvanis  
A. Zapantis  
C. Vissas  
S. Eng., S. Vissas  
M. Orphanos  
C. Komodikis

Greek School Director: I. Pantelaras  
AHEPA: J. Keane  
Library: C. Canelos  
Greek School PTA: F. Cossifos  
Cub Scouts: G. Proios  
Boy Scout Chairman: A. Prifti, P. Lambros  
Boy Scout: D. Kerwick  
Brownies – H. Dallariss  
Girl Scouts: D. Kartson, R. Karounos  
Midget Basketball: E. Ziogas  
Junior Basketball: B. Gianaris  
Adult Basketball: C. Papademetriou

The **TRINITARIAN** is a publication of **HOLY TRINITY GREEK ORTHODOX CHURCH** and is published on the 1<sup>st</sup> of every month approximately 9 times per year. Deadline for each publication is the 15<sup>th</sup> of the previous month.  
EDITOR: Rev. Nicholas Anctil  
ASSISTANT: Gigi Longo and Kenia Carpio

## Pastor's Message

Dear Fellow Parishioners,

It's a joy to share with you with this annual and special "Bluebook" Trinitarian. It is the issue which, along with our monthly events, provides you with some crucial information about the Parish; names and addresses of our parishioners as well as guidelines for sacraments, memorials and statistics. We also included the names and addresses of local Orthodox Churches and Hospitals in the County for quick reference.

I'm excited this year realizing that we celebrate 40 years in our present Church structure. The actual Church building was opened in 1971 during the years of Fr. Christos Papachristos, our first full-time pastor, followed by Fr. Tryphon Triantafillos. If the information I have is correct, we were a Community of 125 families and we had been on Mill Road from 1966. The present Social Hall was also the site of a makeshift Church with an altar which was quickly put and taken down so that the room had multiple uses. I'm sure we can easily find pictures from friends and relatives who were baptized or married in that building.

In and around 1991 the Parish added the Gymnasium with the new kitchen addition and offices. We were probably 250 families in those days (doubling the size of the Community from 1971) and the parish jumped dramatically in growth following the building of the Gymnasium. Fr. Peter Kyriakos was the pastor for the opening of the new addition. Sometime around then the Church acquired a bit more property which was paved for parking.

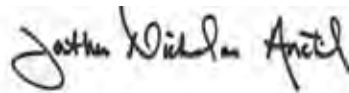
Now, as we fast-speed to the year 2011....twenty more years later we celebrate another milestone; the 40<sup>th</sup> Anniversary of the opening of our present House of Worship; our Church. If we look at the history of the community we see that this is actually the 5<sup>th</sup> building we have used to pray in. We prayed in 3 different buildings in Mount Vernon from our inception, the Social Hall for 5 years, and now our present Church. In the early part of the last decade we also added about half an acre to the back portion of the

lot which we not use for temporary parking. The growth of the Community has been steady. We are presently at about 550 Stewards, which once again depicts a “doubling” of families in the last 20 years. These non-scientific numbers do show that our parish is and has been blessed for the last 80 or so years with growth. Of course location, facilities, programs and the Holy Spirit have all played a role in this parish. I thank all those parishioners who had a hand in bringing the Community to the year 2011 in this condition. You have been great pillars of the Community and I don’t underestimate the great difficulty you all had in “growing” the parish to this point.

On the docket for the year 2011 is the continuation of the iconography and lighting of our present Church Building. Our Church needs to be a beacon of Orthodoxy in the Southern Westchester County. We will do my utmost to finish the original plans of iconography. We will also change the lighting throughout so that the “builder style” spotlights and fixtures can be replaced with appropriate ecclesiastical lighting. In just a few months we will share our plans for your involvement.

Please pray for the continued blessings from God Above for the power and ability to continue His Ministry to all who walk through Holy Trinity’s doors. The challenges for this new decade are unlike any others we have encountered. We are third generation Greek-Americans...we are converts to the Faith...we are no longer just an ethnically Greek community....we live in a diverse society where all religions, although a freedom in the United States, are being challenged in ways never before seen. Just look at the e-mails circulated about where and when prayer and the mention of religion have been banned in public schools, meetings and government.

Faithfully,

A handwritten signature in black ink that reads "Joshua Nicholas Ansel". The signature is written in a cursive style with a large initial 'J'.

Please enjoy this issue of the Trinitarian. May I ask that you keep our Parish mailing list private. It is not be sold or given away for business use. It is solely for the purpose of parish communication.

41st Annual

# PAN-ORTHODOX VESPER SERVICE

Sunday, March 13th, 2011  
6:00pm



Homilist

Very Rev. Dr. Paul Tarazi  
Professor of Biblical Studies  
St. Vladimir's Seminary

Host Parish:

Virgin Mary Antiochian Orthodox Church  
236 Grandview Blvd  
Yonkers, New York 10710  
(914) 361-1475

Sponsored by the Westchester Orthodox Clergy Fellowship

**Πρόγραμμα Ακολουθιών -1 Μαρτίου μέχρι και 15 Απριλίου, 2011**

Σαβ	5 Μαρτ	Β' Ψυχοσάββατο. Ορ., Θεία Λειτουργία και Μνημόσυνο. 9.30 πμ -11.15πμ
Κυρ	6 Μαρτ	Κυριακή τής Τυροφάγου. Ορθρος, 9.00 πμ, Θεία Λειτουργία και Κατη. Σχολείο, 10.00πμ
Δευ	7 Μαρτ	ΚΑΘΑΡΑ ΔΕΥΤΕΡΑ. Απόδειπνον, 6.00μμ
Τετ	9 Μαρτ	Πρόηγιασμενη Θεία Λειτουργία, 6.00 μμ
Παρ	11 Μαρτ	Α' Χαιρετισμοί, 7.00 μμ
Σαβ	12 Μαρτ	Γ' Ψυχοσάββατο, Ορ., Θεία Λειτουργία και Μνημόσυνο, 9.30πμ -11.30πμ
Κυρ	13 Μαρτ	ΚΥΡΙΑΚΗ ΤΗΣ ΟΡΘΟΔΟΞΙΑΣ. Ορθρος, 9.00πμ Θεία Λειτουργία και Κατη. Σχολείο, 10.00πμ
Τετ	16 Μαρτ	Προηγιασμένη Θεία Λειτουργία, 10.00πμ
Παρ	18 Μαρτ	Β' Χαιρετισμοί, 7.00μμ
Κυρ	20 Μαρτ	Β' Κυρ. των Νηστειών. Ορθρος, 9.00πμ, Θεία Λειτουργία και Κατη. Σχολείο, 10.00 πμ
Τετ	23 Μαρτ	Προηγιασμένη Θεία Λειτουργία, 6.00μμ
Παρ	25 Μαρτ	α) Ευαγγελισμός τής Θεοτόκου. 9.30πμ -11.00πμ β) Γ' Χαιρετισμοί, 7.00μμ
Κυρ	27 Μαρτ	Γ' Κυρ. των Νηστειών, ΣΤΑΥΡΟΠΡΟΣΚΥΝΗΣΕΩΣ Ορθρος, 9.00πμ, Θεία Λειτουργία και Κατη. Σχολείο, 10.00πμ
Τετ	30 Μαρτ	Προηγιασμένη Θεία Λειτουργία, 10.00πμ
Παρ	1 Απρ	Δ' Χαιρετισμοί, 7.00μμ
Κυρ	3 Απρ	Δ' Κυρ. των Νηστειών. Ορθρος, 9.00πμ, Θεία Λειτουργία και Κατη. Σχολείο, 10.00πμ
Τετ	6 Απρ	Προηγιασμένη Θεία Λειτουργία, 6.00μμ
Παρ	8 Απρ	ΑΚΑΘΙΣΤΟΣ ΗΥΜΝΟΣ, 7.00μμ
Κυρ	10 Απρ	Ε' Κυρ. των Νηστειών, Ορθρος, 9.00πμ, Θεία Λειτουργία και Κατη. Σχολείο, 10.00πμ

*Το Πρόγραμμα τής Μεγάλης Εβδομάδας θά σταλθεί σε  
ξεχωριστό γράμμα*

**Program of Services – March 1st to April 15th,**  
**2011**

Sat	March 5 <sup>th</sup>	2 <sup>nd</sup> Saturday of the Souls, Orthros, Divine Liturgy and Memorial Service 9:30 am -11:15am
Sun	March 6 <sup>th</sup>	Cheesefare Sunday (Forgiveness Sunday) Orthros, 9:00 am, Divine Liturgy and Sunday School, 10:00 am. STEW-
ARDSHIP SUNDAY		
Mon	March 7 <sup>th</sup>	LENT BEGINS, Compline Service 10:00 am
Wed	March 9 <sup>th</sup>	Pre-Sanctified Divine Liturgy, 6:00pm
Fri	March 11 <sup>th</sup>	First Salutation Service, 7:00pm
Sat	March 12 <sup>th</sup>	3 <sup>rd</sup> Saturday of the Souls, Orthros, Divine Liturgy and Memorial Service, 9:30 am – 11:30 am
Sun	March 13 <sup>th</sup>	SUNDAY OF ORTHODOXY, Orthros, 9:00 am, Divine Liturgy And Sunday School, 10:00 am
Wed	March 16 <sup>th</sup>	Pre-Sanctified Divine Liturgy 10:00 am
Fri	March 18 <sup>th</sup>	2 <sup>nd</sup> Salutation Service, 7:00 pm
Sun	March 20 <sup>th</sup>	2 <sup>nd</sup> Sunday of Lent (Gregory Palamas) Orthros, 9:00 am, Divine Liturgy and Sunday School, 10:00 am.
Wed	March 23 <sup>rd</sup>	Pre-Sanctified Divine Liturgy, 6:00 pm.
Fri	March 25 <sup>th</sup>	a) Annunciation of the Theotokos, Or and Div. Lit 9:30am b) 3 <sup>rd</sup> Salutation/Vesper Service. 7:00 pm
Sun	March 27 <sup>th</sup>	3 <sup>rd</sup> Sunday of Lent (Sunday of the Holy Cross) Orthros, 9:00 am, Divine Liturgy and Sunday School, 10:00 am.
Wed	March 30 <sup>th</sup>	Pre-Sanctified Divine Liturgy, 10:00 am.
Fri	April 1 <sup>st</sup>	4 <sup>th</sup> Salutation Service, 7:00 pm
Sun	April 3 <sup>rd</sup>	4 <sup>th</sup> Sunday of Lent (St. John Climacus) Orthros, 9:00 am, Divine Liturgy and Sunday School, 10:00 am.
Wed	April 6 <sup>th</sup>	Pre-Sanctified Divine Liturgy 6:00 pm
Fri	April 8 <sup>th</sup>	AKATHIST HYMN, 7:00 pm
Sun	April 10 <sup>th</sup>	5 <sup>th</sup> Sunday of Lent (St. Mary of Egypt) Orthros, 9:00 am, Divine Liturgy and Sunday School, 10:00 am.

*No Services during the week of April 11<sup>th</sup> to the 15<sup>th</sup>*  
*Holy Week Services will be sent separate from this Trinitarian*



### *YOUNG AT HEART*

*The Young at Heart meeting on January 6, 2011 was again very well attended. Membership dues of \$15.00 was collected for the year.*

*We want to thank one of our members, George Curtis who was the speaker for this meeting. He is a volunteer income tax preparer for AARP during the tax season and volunteers his services at public libraries. His talk on taxes and preparing your income tax was very informative. It was followed by many questions.*

*The Young at Heart will again have an Artoclasia for the senior members of our church on Mother's Day. Fran Moussouris and Presbytera Kay Kyriakos will chair the event and the Agape hour following church.*

*The president, Cleo Canelos announced a possible trip to Grand Central Station in May with a tour of the station and lunch at one of the restaurants.*

*After the meeting, a delicious lunch was served by Manos Louros for the New Year followed by the cutting of the Vasilopita by Father Nick.*

# Philoptochos Easter Market

*“Reserve your Easter goodies before time runs out”*

## Order your Homemade Greek Delicacies

quantity	item	price	total
	BAKLAVA phyllo pastry with walnuts	\$18 per doz	
	KOULOOURAKIA butter tea cookies	\$5 per doz	
	KOURAMBIETHES powdered almond sugar cookies	\$12 per doz	
	MELOMAKARONA spiced, honey, walnut cookies	\$12 per doz	
	PASTRY PLATTER – Small baklava, kourambiethes, melomakarona	\$20	
	GALATBOURIKO custard filled phyllo pastry – syrup included frozen – ready to bake	\$24 per doz	
	LENTIL SOUP Lenten – a Holy Week staple	\$6 per quart	
	SKORDALIA garlic sauce – a Palm Sunday tradition	\$5 per ½ quart	
	TARAMOSALATA Greek caviar dip	\$5 per ½ quart	
	SPANAKOPITA ROLL phyllo filled with spinach and feta cheese frozen – ready to bake	\$12 per roll serves 8	
	TIROPITA cheese filled phyllo triangles frozen – ready to bake	\$10 per doz	
	TSOUREKI Easter bread freshly baked by: Holy Protection Monastery	\$20 boxed	

Name \_\_\_\_\_

Phone \_\_\_\_\_

**Please fill out order form and return with payment in full to:**

Holy Trinity Philoptochos 10 Mill Rd New Rochelle, NY 10804

**Deadline for orders:** Sunday, April 3, 2011

**Pick up dates:** Saturday, April 16<sup>th</sup> 11:00 am – 1:00 & Sunday, April 17<sup>th</sup> Noon – 1:00

### ***Philoptochos Comings and Goings***

Happy New Year every one! I can't believe the holidays are already over. What a busy and fun time of year! And what about all this snow....?!

During the Months of November and December, the **Community Food Drive** collected **1700** cans of food for the **HOPE Food Pantry**. Thank you to everyone who brought in food and an extra special thank you to the Sunday School students. We also delivered **85** hams for **HOPE's** holiday food baskets. Thank you Eva Dushas, Serene Romas, and Alexandra Speres for all your hard work, and Alexandra and Victoria Wilson and Emily O'Sullivan for helping with the lugging.

During Lent, as in previous years, we will be distributing grocery bags to be taken home and filled with food and then returned to the Church, to be delivered to the **HOPE Food Pantry**. Also, keep an eye out for our **Cooking for HOPE** project. We will be cooking Thursday, February 24<sup>th</sup>, March 24<sup>th</sup> and April 28<sup>th</sup> (please see enclosed flyer for details)

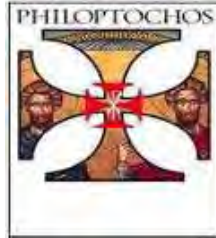
....and what about the mountain of blankets, coats, hats and gloves that continues to grow in the hallway? During the months of January, February and March we will continue to distribute the blankets etc to the homeless we serve through our monthly **Homeless Outreach** project. This year it has been particularly cold and your donations are greatly needed and appreciated. A GREAT big thank you to all who have donated.

...and finally our **Candlelight Dinner**. What a great way to celebrate the holidays. This year included exciting vendors for early Christmas shopping, Toys for Tots, and much more. Cornelia Pappas, Diane Soukas and Liz Zoulis, thank you so much for hosting such a festive holiday party!

### **Some important dates coming up...**

- February 6<sup>th</sup>** – Annual visit to the **Ronald McDonald House**  
If you would like to join us please contact Voula Vomvolakis or Joy Zegras
- February 9<sup>th</sup>** – Annual Valentine's Day visit to **Saint Michael's**  
If you would like to join us please contact Pauline Marinos
- February 16<sup>th</sup>** – **Homeless Outreach Soup Run**  
If you would like to participate please contact Despina Kartson
- February 24<sup>th</sup>, March 24<sup>th</sup> and April 28<sup>th</sup>** - **Cooking for HOPE**  
If you would like to help cook please contact Linda Kondos
- March 6<sup>th</sup> - April 10<sup>th</sup>** - **Easter Market orders and Easter Candle Sale**  
To place orders please contact Linda Faustini or Serene Romas
- March 13<sup>th</sup>** – **Philoptochos/PTA Speaker Event**  
Dr. Mary Kentros to speak on Recognizing Mental Illness
- April 16<sup>th</sup> and 17<sup>th</sup>** – **Easter Market**  
For all your Easter needs!
- June 4<sup>th</sup>** - **Holy Trinity Name Day Dance - "First Summer Wave"**  
Come celebrate and dance the night away!

**Keep an eye out for our February community mailings for details on all upcoming events**



**HOLY TRINITY GREEK ORTHODOX CHURCH**

**PHILOPTOCHOS**

**AND**

**GREEK SCHOOL PTA**

**JOINTLY SPONSOR**

***“AN EDUCATION EVENT ON MENTAL ILLNESS”***

**KINDLY JOIN US IN OUR CHURCH SOCIAL HALL**

**10 MILL ROAD**

**NEW ROCHELLE, NEW YORK**

**SUNDAY, MARCH 13TH AFTER LITURGY**

**FOR AN IN OUR OWN VOICE (IOOV) PRESENTATION**

**DEVELOPED BY NAMI**

**(NATIONAL ALLIANCE ON MENTAL ILLNESS)**

**INTRODUCED BY: STAMATIA PAPPAS**

**WITH SPEAKER: DR. MARY KENTROS, PSYCHIATRIST**

**“LET’S COME TOGETHER AS A COMMUNITY TO EDUCATE OURSELVES ON  
THE VARIOUS PSYCHOLOGICAL DISORDERS THAT EXIST AND THE SIGNS OF  
RECOGNIZING THEM SO WE CAN THEN HAVE THE ABILITY TO HELP WITH  
THE PROPER RECOVERY STEPS”**

**~LIGHT REFRESHMENTS WILL BE OFFERED~**

### **HOLY TRINITY LIBRARY**

As we look back to 2010, the Library Committee is most grateful for the interest and generosity of our parishioners and friends. We have added over 90 volumes pertaining to Greek Orthodoxy and Hellenic culture to our shelves. Thank you for your support!

However, our efforts can't stop there. The following are recent gifts given by our endless generous lovers of books.

***Donated in memory of Dean Marantis by Cleo and Zachary Marantis***

*The Classical Tradition*

*Aesop's Fables*

***Donated in memory of Penelope Veras by Cleo and Zachary Marantis***

*Cleopatra: A Life*

*Wherever You Are My Love Will Find You (children's)*

*The Little Engine That Could (children's)*

*I Knew You Could! (children's)*

***Donated in memory of Penelope Veras by the Graf Family***

*Love You Forever (children's)*

***Donated in memory of her mother Chrysothea Vassilious by Stella Drosins***

*Twice a Stranger: The Mass Expulsions that Forged Modern Greece and Turkey*

***Donated in memory of her mother Eleftheria Ballas by Helen Ballas***

*all children's books:*

*Herodotus and the Road to History*

*A Pocketful of Seeds*

*The Three Questions*

*I Love You as Big as the World*

*Will You Still Love Me?*

*Christmas Day in the Morning*

***The following donations are in memory of Stanley Townsend:***

*Florence Moore & Rick Chartrand*

*The Daley Family*

*Mr. & Mrs. Denis Moussouris*

*Mr. & Mrs. Vel Papageorge*

*Joan Sidler*

***WISH LIST***

*The Ascetic Love: Mother Gavrilla \$61.00*

*Answering Islam \$15.00*

*Women of God \$15.00*

*Love, Sexuality, and the Sacrament of Marriage \$14.00*

*The Murderess \$13.00*

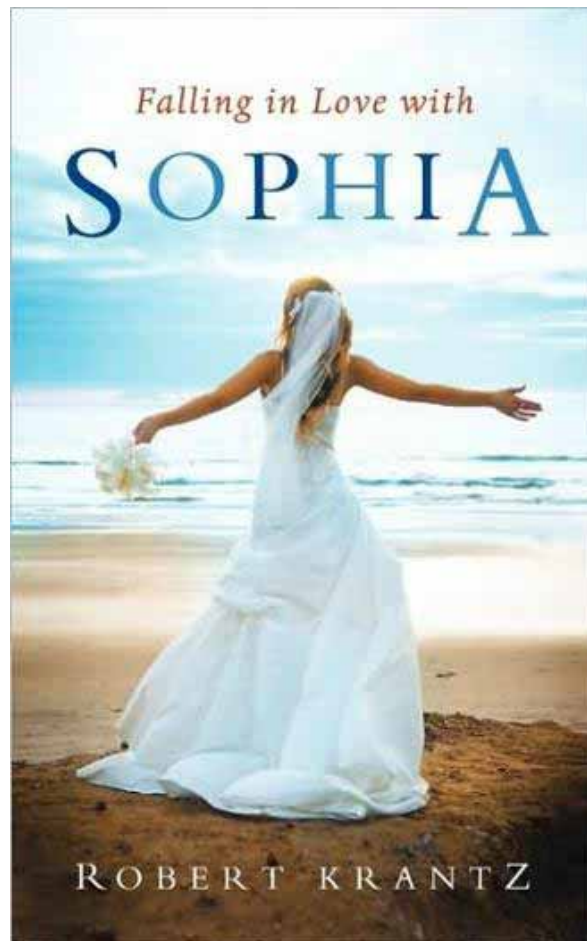
*Thucydides: The Reinvention of History \$16.00*

*On the Night You Were Born (children's) \$17.00*

*How Many Kisses Do You Want Tonight? (children's) \$16.00*

*Holy Trinity Library's volumes are available to all our parish. We ask only that you take out the books you wish to read, according to the rules that are posted and please return them within 3 weeks. Remember someone else may be waiting to read them.*

Please join the Holy Trinity Library  
**Sunday, March 6th** during the Agape hour  
for a book signing event & discussion  
with author Robert Krantz



**District  
Wide  
GOYA**



**cityHUNT  
Scavenger Hunts**

**Saturday,  
March 26, 2011**

**What:** Picture Scavenger Hunt and  
GOYA Group Lunch

**Where:** Central Park in NYC  
(meet at entrance at 72nd and Central Park West)

[Rain location for hunt: Grand Central Station]

**Time:** 10:30 am—SHARP!!

**Cost:** \$30 each GOYAn [non-refundable]  
(includes scavenger hunt and lunch)



**Following Scavenger Hunt there will be a  
GOYA group lunch at Holy Trinity Cathedral**  
(located at: 319 East 74th Street, New York, NY 10021)

**DEADLINE: Sunday, March 6, 2011**

*(Must have all money and lists of GOYAns by deadline. No additions  
will be accepted after the deadline)*

**Questions?**

**Email Athena Zapantis at [athena.zapantis@gmail.com](mailto:athena.zapantis@gmail.com)  
or call at (917) 658-4654**

### **Cooking For Hope**

This year, the **HOPE Soup Kitchen** has seen a large increase in the number of women with children, people whose unemployment has run out, and the elderly. All of these people depend on the soup kitchen for a hot meal. Many are being forced to choose between paying rent and buying food.

The soup kitchen serves up to 220 meals a night.

### **We are their best HOPE**

*The Philoptochos has volunteered to cook for HOPE once a month during the Lenten season. All members of our Holy Trinity community (men and women) are invited to participate in this vital outreach.*

### **When**

Thursday, February 24<sup>th</sup> at 10:00am

Thursday, March 24<sup>th</sup> at 10:00am

Thursday, April 28<sup>th</sup> at 6:00pm

### **Where**

We will prepare the food in our Church kitchen

### **How**

Volunteers will help with chopping, cooking and washing.

***If you would like to help  
please sign up by calling Linda Kondos  
725-1058***

***Please join us and cook for HOPE***



*American Hellenic Educational Progressive Association  
2010 Scholarships*

AHEPANS and Holy Trinity Parishioners



We would like to express our sincere and heartfelt gratitude to our *2010 scholarship donors*. *AHEPA's* middle name is Education and nationally it contributes more than \$1,000,000 annually in scholarships. Closer to home, the *James Plevritis Evzone Chapter* awards \$2,000 in scholarships each year to students in the *Holy Trinity* community. Thank you for your support of our events that allow us to do this and for the donors who have contributed directly to our scholarship fund.

**THE 2010 SCHOLARSHIP WINNERS ARE:** (Awards were made at AHEPA's Annual Graduate Luncheon)

**Panayiotis Kerwick** is a high honor graduate of White Plains High School, currently attending Cornell, majoring in Pre-Med

**Allyson Papageorge** is a scholar athlete award graduate of Ursuline High School, currently attending Lafayette College, majoring in Economics and Business

**EARLIER SCHOLARSHIP RECIPIENTS INCLUDE:**

Rosie Lourentzatos, Irene Komodikis, Nicole Keane, William Hargett Jr., Melanie Graf, and Marina Corines

Thank you and congratulations to our 2010 Scholarship Donors:

**MEMORIAL OR FULL SCHOLARSHIP DONOR (\$1,000)**

Dr. Joseph McNelis in memory of  
Mrs. Katerina Toumpopoulou McNelis (Multi-year full scholarship)  
Michael Grammas and the Greentree Country Club (Partial)  
Simon Mouracade (Partial)

**PLATINUM DONORS (\$100)**

Fr. Nick and Cindy Anctil  
Gabriel and Irene Damascus  
Major John Daskos  
Nicholas and Theodora Jembelis  
Joseph and Demetra Keane  
Nicholas and Georgia Lyras  
Zachary and Cleo Marantis  
Dr. Peter and Angie Mastrogeannes  
Denis and Fran Moussouris  
James and Betty Zafiros

**GOLD DONORS (\$75)**

George and Colleen Kourakos

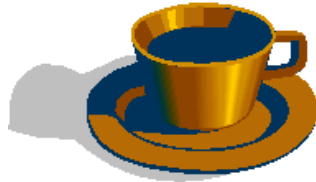
**SILVER DONORS (\$50)**

Dr. Peter and Maritza Corines  
Thomas Jembelis  
Presbyteria Kay Kyriakos

**BRONZE DONORS (\$25)**

Peter and Angie Lambros  
Dr. John S. Jeris

**Donors are recognized weekly by posters and flyers at the AHEPA desk, and annually at the Graduate Luncheon and in Holy Trinity's *Trinitarian***



Agape Hour  
Sponsorship

Sponsorship in honor of a birthday, name day, or in  
memory of a loved one...

Please contact one of the Chairmen

Cost: \$ 150.00

Name \_\_\_\_\_

Honor/Memory of \_\_\_\_\_

Home Phone \_\_\_\_\_

Chairmen: John Daskos, John Dos Santos

(914) 523-6905

(914) 438-5632



## **"Shake Rattle & Roll" with "Mommy & Me"**

Every Wednesday  
11:45am - 12:30pm

We welcome the youngest children of  
Holy Trinity for music, dancing, and fun!

**Come Join Us!**

*Annual Fee \$100 per family  
includes CD and Songbook*

For more information email  
Stephanie Resvanis at [Giggless80@aol.com](mailto:Giggless80@aol.com)



# HOPE

HOPE Community Services, Inc.  
50 Washington Avenue  
New Rochelle, NY 10801  
P 914.636.4010  
F 914.632.6991

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[www.hope-cs.org](http://www.hope-cs.org)

My God Bless You  
My Good Children  
Datha Wilk

January 20, 2011

Children's Sunday School Students  
Holy Trinity Greek Orthodox Church  
10 Mill Rd  
New Rochelle, NY 10801

Dear Children,

Please accept our deepest gratitude for your generous donation of bags of food for our pantry. Your parents and teachers must be very proud of you for collecting all of these food items.

Your generosity and effort helped make the holidays brighter for the clients of HOPE Community Services.

With your support, we are able to continue to meet the ever increasing need in this area.

Once again, thank you for the confidence you and your parents have placed in HOPE. On behalf of all of us, clients, staff, and Board of Directors, we wish you a very Happy New Year.

Sincerely,



Carole Troum  
Executive Director

HOPE Community Services, Inc. is an approved 501(c)(3) organization.

*Holy Trinity Rental Program*



Did you know that Holy Trinity is equipped with facilities for all your event needs?

*Social Hall*

*Gym*

*Classrooms*

*Kitchen*

*Foyer*

*Meetings, Conferences, Birthday Parties, Wedding Receptions,*

*Sweet 15 , Sweet 16, Bridal Showers, Baby Showers, Baptism Receptions, Anniversaries, Workshops, Sports Camps, Team Practices .....all can be done in our facilities*

*Please contact Kenia Carpio for all your facility needs*

*914-235-6100*

February 4, 2011

Dear Friend of CHAM,

*As we continue to dig out from storm after storm during this cold snowy winter, my heart is warmed with gratitude for all the community supporters who visited during the holiday season!*

*I would like to take this opportunity to thank you for your continued support. The stress of hospitalization can be a challenging experience for children and their families. They face the overwhelming uncertainty of illness, a disruption to family life, and often times, a financial hardship.*

*We are so grateful to have supporters like you who donate at the holidays or throughout the year. Whether you donate toys or your time visiting the children or if you have established a partnership in programming throughout the year, these collaborations allow us to provide an atmosphere of healing for our pediatric patients and speed the recovery process.*

*On behalf of the children, families and staff here at CHAM, I extend great appreciation for your efforts. Your genuine concern for our patients and families is recognized and has become an integral part of our family centered care approach.*

*Please feel free to contact me should you want to explore more opportunities throughout the year.*

Best Wishes,

  
Meghan D. Kelly, MS, CCLS

Director of Child Life Program  
3415 Bainbridge Avenue  
Bronx, New York 10467-2490  
718-741-2360 Director  
718-944-5409 Fax

**Results of the 2010 Special Appeal**

Good Parishioners,

In March of 2010 we made a special appeal to the parish to raise \$160,000. to a) repair the gymnasium floor, b) fix the parking lot and c) pay down the "Credit Line" that the Church has been using to upkeep the buildings.

*As of December 31st, 2010, we am happy to say that we have collected \$52,295.00. At the same time, we are also unhappy to say that, as of December 31st, 2010, we only collected \$52,295.00! Below, we are showing the analysis of the Capital Campaign with the hopes that, those who have not participated, may do so following this short note.*

**ANALYSIS**

TOTAL DONATIONS RECEIVED AS OF DECEMBER 2010;	\$52,295.00
MONIES DISBURSED:	
Repair of Gym Floor	\$25,390.00
Repair of Parking Lot	\$16,600.00
Credit Card Processing Cost	\$455.00
Other Costs/Expenses	\$1,718.56
	_____
TOTAL FUNDS DISBURSED	\$44,163.83
 <b><i>FUNDS LEFT AVAILABLE FOR DEBT PAY DOWN; \$8,131.17</i></b>  	

Might you take a moment and speak with your family to see if you could assist us in fulfilling our goal? If you can, please fill out the below info with your donation.

On behalf of the Parish Council

*Fr. Nicholas*

*George Kondos*

---

<b>Name</b> _____
<b>Address</b> _____
_____
<b>Amount of Donation</b> _____ <b>please call the office if you wish to pay by CC</b>

## PARISH STATISTICS OF HOLY TRINITY CHURCH

	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>
Number of <b>Baptisms:</b>	<b>67</b>	<b>35</b>	<b>34</b>	<b>32</b>	<b>26</b>	<b>34</b>	<b>21</b>
Number of <b>Chrismations:</b>	<b>4</b>	<b>2</b>	<b>2</b>	<b>6</b>	<b>9</b>	<b>3</b>	<b>4</b>
Total Number of <b>Weddings:</b>	<b>24</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>17</b>	<b>12</b>	<b>17</b>
Both Greek Orthodox:	<b>7</b>	<b>6</b>	<b>5</b>	<b>3</b>	<b>4</b>	<b>3</b>	<b>6</b>
Inter-Christian:	<b>17</b>	<b>7</b>	<b>9</b>	<b>12</b>	<b>13</b>	<b>9</b>	<b>11</b>
Total Number of <b>Divorces:</b>	<b>3</b>	<b>2</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>
Both Greek Orthodox:	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	
Inter-Christian:	<b>2</b>	<b>2</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>
Total Number of <b>Funerals:</b>	<b>18</b>	<b>16</b>	<b>19</b>	<b>21</b>	<b>25</b>	<b>20</b>	<b>23</b>

## MOVABLE ECCLESIASTICAL DATES

This five-year chart has the dates of Feast Days and Fasting Days which are determined annually on the basis of the date of Holy Pascha (Easter). This ecclesiastical cycle begins with the first day of the Triodion and ends with the Sunday of All Saints, a total of eighteen weeks.

	2011	2012	2013	2014	2015
<b>TRJODION BEGINS</b>	February 13	February 5	February 24	February 9	February 1
<b>1ST SATURDAY OF SOULS</b>	February 26	February 18	March 9	February 22	February 14
<b>MEAT FARE</b>	February 27	February 19	March 10	February 23	February 15
<b>2ND SATURDAY OF SOULS</b>	March 5	February 25	March 16	March 1	February 21
<b>LENT BEGINS</b>	March 7	February 27	March 18	March 3	February 23
<b>3RD SATURDAY OF SOULS</b>	March 12	March 3	March 23	March 8	February 28
<b>SUNDAY OF ORTHODOXY</b>	March 13	March 4	March 24	March 9	March 1
<b>SATURDAY OF LAZARUS</b>	April 16	April 7	April 27	April 12	April 4
<b>PALM SUNDAY</b>	April 17	April 8	April 28	April 13	April 5
<b>HOLY(GOOD) FRIDAY</b>	April 22	April 13	May 3	April 18	April 10
<b>ORTHODOX PASCHA</b>	April 24	April 15	May 5	April 20	April 12
<b>WESTERN EASTER</b>	April 24	April 8	March 31	April 20	April 15
<b>ASCENSION</b>	June 2	May 24	June 13	May 29	May 21
<b>SATURDAY OF SOULS</b>	June 11	June 2	June 22	June 7	May 30
<b>PENTECOST</b>	June 12	June 3	June 23	June 8	May 31
<b>ALL SAINTS</b>	June 19	June 10	June 30	June 15	June 7
<b>FAST OF HOLY APOSTLES BEGINS</b>	June 20	June 11	'see Note	June 16	June 8
<b>FAST OF HOLY APOSTLES LASTS</b>	9 days	18 days	0 days	13 days	21 days

'L' indicates Leap Year

*\*Note: The Holy Apostles Fasting duration varies every year. It begins on Monday following Sunday of All Saints and ends on June 29. Thus, it may last from zero (0) days, if Easter falls on May 3 or later - to twenty-nine (29) days, if Easter falls on April 4 to May 2.*

## WESTCHESTER HOSPITALS

### Lawrence Hospital

55 Palmer Avenue  
Bronxville, NY  
(914)787-1000

### Mt. Vernon Hospital

105 Stevens Avenue  
Mt. Vernon, NY  
(914)664-8000

### Northern Westchester Hospital

400 East Main Street  
Mt. Kisco, NY  
(914)666-1200

### Phelps Memorial Hospital

701 North Broadway  
Sleepy Hollow, NY 10591  
(914)366-3000

### St. John's Riverside Hospital

967 North Broadway  
Yonkers, NY  
(914)964-4444

### Sound Shore Medical Center of Westchester

16 Guion Place  
New Rochelle, NY  
(914) 632-5000

### White Plains Hospital

Davis Avenue at East Post  
Road  
White Plains, NY 10601  
(914)681-0600

### Westchester Medical Center

Valhalla, NY  
(914) 493-7000

## LOCAL GREEK ORTHODOX CHURCHES

### Zoodohos Peghe Church

3573 Bruckner Boulevard  
nue  
Bronx, NY 10461  
(718)823-2030  
Rev. Sylvester D. Berberis

### Prophet Elias Church

15 LeRoy Ave-  
Yonkers, NY 10705  
(914)963-3638  
Rev. Nicholas J. Pilavas

### Church of Our Saviour Chapel

2195 Westchester Avenue East  
Rye, NY 10580  
(914) 967-2838  
Rev. Elias Villis

### Taxiarchal

St. Michael's Home  
3 Lehman Terrace  
Yonkers, NY 10705  
(914)476-3374

# THE CALENDAR OF THE ORTHODOX CHURCH

Lewis Patsavos, Ph.D.  
Professor of Canon Law  
Holy Cross School of Theology

## ORTHODOX EASTER

The determination of the date of Easter is governed by a computation based on the vernal equinox and the phase of the moon. According to the ruling of the First Ecumenical Synod in 325, Easter Sunday should fall on the Sunday which follows the first full moon after the vernal equinox. If the full moon happens to fall on a Sunday, Easter is observed the following Sunday. The day taken to be the invariable date of the vernal equinox is March 21.

Herein lies the first difference in the determination of Easter between the Orthodox Church and the other Christian Churches. The Orthodox Church continues to base its calculations for the date of Easter on the Julian Calendar, which was in use at the time of the First Ecumenical Synod. As such, it does not take into consideration the number of days which have since then accrued due to the progressive inaccuracy of the Julian Calendar. In other words, a difference of 13 days exists between the accepted date for the vernal equinox then and now. In the West, this discrepancy was addressed in the 16th century through the adoption of the Gregorian Calendar, which adjusted the Julian Calendar still in use by all Christians at that time.

The other difference in the determination of Easter between the Orthodox and other Christian Churches concerns the date of Passover. Jews originally celebrated Passover on the first full moon following the vernal equinox. Christians, therefore, celebrated Easter on the first Sunday after the first full moon following the vernal equinox. After the destruction of Jerusalem in 70 A.D. and the other tragic events which gave rise to the dispersal of the Jews, Passover sometimes preceded the vernal equinox. This was occasioned by the dependence of the dispersed Jews upon local pagan calendars for the calculation of Passover. As a consequence, most Christians eventually ceased to regulate the observance of Easter by the Jewish Passover. Their purpose, of course, was to preserve the original practice of celebrating Easter following the vernal equinox.



*A delegation of Greek Orthodox and Roman Catholic pilgrims from the Worcester area headed by Metropolitan Methodios of Boston and Bishop McManus of the Roman Catholic Diocese of Worcester recently visited the Ecumenical Patriarchate and met with Ecumenical Patriarch Bartholomew. (September 2010)*



*Metropolitan Isaiah of Denver and young adults from Orthodox Christian Fellowship chapters in Texas restore a Moslem Cemetery on the grounds of the Holy Archangels Monastery near San Antonio. (October 2010)*

# PASTORAL GUIDELINES

## CHURCH POSITIONS REGARDING THE SANCTITY OF HUMAN LIFE

Rev. Dr. Stanley S. Harakas

Archbishop Iakovos Professor of Orthodox Theology, Emeritus, Holy Cross Greek Orthodox School of Theology

### The Sanctity of Human Life

A major and overarching concern of the Church arises with its commitment to the God-given sanctity of human life. Some of the developments of the biological manipulation of human life, though promising and amazing therapeutic achievements, may also be understood as undermining respect for the integrity of human existence. Others may be seen as providing new means of healing human illness. Discerning the difference is the challenge the Church faces in developing its teaching on these newly appearing issues.

### Human Life

The Church's teaching about human life is based on Holy Tradition, including the Scriptures as a primary resource and the ongoing teaching and interpretation of the Orthodox Faith. Life is a gift of God in the formation of the created world. All life is precious, but human life is uniquely created by God in the "image and likeness of God." Human life as such deserves deep respect and individual human beings are to be treated in accordance with their inherent human dignity.

Thus, racism, unjust prejudicial treatment of men and women, genocide, forms of sexual exploitation, domestic violence, child abuse, rape, theft or destruction of private property, deceptions and deceit, environmental plunder and other such unethical behaviors violate the human dignity of others. Human life as a gift of God should be respected. Some specific issues are the following:

### Donation of Organs

Although nothing in the Orthodox tradition requires the faithful to donate their organs to others, nevertheless, this practice may be considered an act of love, and as such is encouraged. The decision to donate a duplicate organ, such as a kidney, while the donor is living, requires much consideration and should be made in consultation with medical professionals and one's Spiritual Father. The donation of an organ from a deceased person is also an act of love that offers the recipient a longer, fuller life. Such donations are acceptable if the deceased donor had willed such action,

or if surviving relatives permit it providing that it was in harmony with the desires of the deceased. Such actions can be approved as an expression of love and the self-determination of the donor. In all cases, respect for the body of the donor should be maintained.

Organ transplants should never be commercialized nor coerced nor take place without proper consent, nor place in jeopardy the identity of the donor or recipient, through, for example, the use of animal organs. The death of the donor should never be hastened in order to harvest organs for transplantation to another person.

### Cremation

Because the Orthodox Faith affirms the fundamental goodness of creation, it understands the body to be an integral part of the human person and the temple of the Holy Spirit, and expects the resurrection of the dead. The Church considers cremation to be the deliberate desecration and destruction of what God has made and ordained for us. The Church instead insists that the body be buried so that the natural physical process of decomposition may take place. The Church does not grant funerals, either in the sanctuary, or at the funeral home, or at any other place, to persons who have chosen to be cremated. Additionally, memorial services with kolyva (boiled wheat) are not allowed in such instances, inasmuch as the similarity between the "kernel of wheat" and the "body" has been intentionally destroyed.

### Medical Developments and the Church

With high frequency, new developments in the area of the life sciences appear in our technologically advanced culture. The Church welcomes efforts and innovations that contribute to the healing of human diseases. Yet, many of these advances raise moral questions. Some of the Church's responses to these developments are based on older issues for which the Church has clear and unambiguous guidelines. Other responses are not so evident.

Thus, many of these developments pose challenges to Orthodox Christian spiritual concerns

## PASTORAL GUIDELINES

and moral values. In numerous cases, the Church is still in the process of clarifying its response. The following serve to indicate the general positions and direction of thought in the Orthodox Church:

### Sexuality

The Orthodox Church recognizes marriage as the only moral and spiritually appropriate context for sexual relations. Thus, all other forms of sexual activity such as fornication, adultery, homosexuality, lesbianism, pornography, all forms of prostitution, and similar forms of behavior are sins and as such are inappropriate for the Orthodox Christian. Marriage is only conducted and recognized in the Orthodox Church as taking place between a man and a woman. Same-sex marriages are a contradiction in terms. The Orthodox Church does not allow for same-sex marriages.

### Abortion

The Church from the very beginning of existence has sought to protect "the life in the womb" and has considered abortion as a form of murder in its theology and canons. Orthodox Christians are admonished not to encourage women to have abortions, nor to assist in the committing of

abortion. Those who perform abortions and those who seek them are committing an immoral deed, and are called to repentance.

### Suicide

Suicide, the taking of one's own life, is self-murder and as such, a sin. More importantly, it may be evidence of a lack of faith in our loving, forgiving, sustaining God. If a person has committed suicide as a result of a belief that such an action is rationally or ethically defensible, the Orthodox Church denies that person a Church funeral, because such beliefs and actions separate a person from the community of faith. The Church shows compassion, however, on those who have taken their own life as a result of mental illness or severe emotional stress, when a condition of impaired rationality can be verified by a physician.

### Autopsy

When a person dies for reasons that are uncertain, a qualified medical examiner may, with the permission of the next of kin, perform an autopsy to determine the cause of death. In some states, this is required by law. In all cases, however, the Orthodox Church expects that the body of the deceased be treated with respect and dignity.



*Metropolitan Alexios of Atlanta greets a young participant at the Hellenic Dance Festival (HDF) organized by the Metropolis. At left is Fr. Constantine Simeonides, pastor of the host parish Holy Trinity Church in Orlando (Maitland). (January 2010)*



*Metropolitan Nicholas of Detroit greets a parishioner of Holy Trinity Church in Indianapolis during the Centennial Celebration of the parish. (September 2010)*

# PASTORAL GUIDELINES

## INSTRUCTIONS for WEDDINGS, DIVORCES, BAPTISMS, FUNERALS and MEMORIALS

### WEDDINGS

For the union of a man and woman to be recognized as sacramentally valid by the Orthodox Church, the following conditions must be met:

1. The Sacrament of Matrimony must be celebrated by an Orthodox Priest of a canonical Orthodox jurisdiction, according to the liturgical tradition of the Orthodox Church, in a canonical Orthodox Church, and with the authorization of the Archbishop or Metropolitan.
2. Before requesting permission from the Archbishop or his Metropolitan to perform the marriage, a Priest must verify that: a) neither of the parties in question is already married to another person, either in this country or elsewhere; b) the parties in question are not related to each other to a degree that would constitute an impediment; c) if either or both parties are widowed, they have presented the death certificate(s) of the deceased spouse(s); d) if either or both of the parties have been previously married in the Orthodox Church, they have obtained ecclesiastical as well as civil divorce(s); e) the party or parties who are members of a parish other than the one in which the marriage is to be performed have provided a certificate declaring them to be members in good standing with that parish for the current year; and f) a civil marriage license has been obtained from civil authorities.
3. No person may marry more than three times in the Church, with permission for a third marriage granted only with extreme oikonomia.
4. In cases involving the marriage of Orthodox and non-Orthodox Christians, the latter must have been baptized, in water, in the Name of the Father and the Son and the Holy Spirit. The Church cannot bless the marriage of an Orthodox Christian to a non-Christian.
5. The Sponsor (koumbaros or koumbara) must provide a current certificate of membership proving him or her to be an Orthodox Christian in good standing with the Church. A person who does not belong to a parish, or who belongs to a parish under the jurisdiction of a bishop who is not in communion with the Greek Orthodox Archdiocese, or who, if mar-

ried, has not had his or her marriage blessed by the Orthodox Church, or, if divorced, has not received an ecclesiastical divorce, cannot be a sponsor. Non-Orthodox persons may be members of the wedding party, but may not exchange the rings or crowns.

### Days When Marriage Is Not Permitted

Marriages are not performed on fast days or during fasting seasons or on the feasts of the Church, specifically: September 14 (Exaltation of the Holy Cross), December 13-25 (Nativity), January 5 and 6 (Theophany), Great Lent and Holy Week, Pascha (Easter), Pentecost, August 1-15 (Dormition Fast and Feast), and August 29 (Beheading of St. John the Baptist). Exceptions can only be made with the permission of the respective hierarchy.

### Inter-Christian Marriages

It is a fact that, the more a couple has in common, the more likely they are to live together in peace and concord. Shared faith and traditions spare couples and their children, as well as their extended families, many serious problems, and help to strengthen the bonds between them. Even so, the Orthodox Church will bless marriages between Orthodox and non-Orthodox partners, provided that:

1. The non-Orthodox partner is a Christian who has been baptized, in water, in the Name of the Father and the Son and the Holy Spirit; and
2. The couple should be willing to baptize their children in the Orthodox Church and raise and nurture them in accordance with the Orthodox Faith.

A baptized Orthodox Christian whose wedding has not been blessed by the Orthodox Church is no longer in good standing with the Church, and may not receive the Sacraments of the Church, including Holy Communion, or become a Sponsor of an Orthodox Marriage, Baptism or Chrismation.

A non-Orthodox Christian who marries an Orthodox Christian does not thereby become a member of the Orthodox Church, and may not

## PASTORAL GUIDELINES

receive the Sacraments, including Holy Communion, or be buried by the Church, serve on the Parish Council, or vote in parish assemblies or elections. To participate in the Church's life, one must be received into the Church by the Sacrament of Baptism or, in the case of persons baptized with water in the Holy Trinity, following a period of instruction, by Chrismation.

### Inter-religious Marriages

Canonical and theological reasons preclude the Orthodox Church from performing the Sacrament of Marriage for couples where one partner is Orthodox and the other partner is a non-Christian. As such, Orthodox Christians choosing to enter such marriages fall out of good standing with their Church and are unable to actively participate in the life of the Church. While this stance may seem confusing and rigid, it is guided by the Orthodox Church's love and concern for its member's religious and spiritual well-being.

### Prohibited Marriages

The following types of relationships constitute impediments to marriage:

1. Parents with their own children, grandchildren or great-grandchildren, or godchildren of the same godparents.
2. Brothers-in-law and sisters-in-law.
3. Uncles and aunts with nieces and nephews.

4. First cousins with each other.
5. Foster parents with foster children or foster children with the children of foster parents.
6. Godparents with godchildren or godparents with the parents of their godchildren.

### DIVORCE

The parish priest must exert every effort to reconcile the couple and avert a divorce. However, should he fail to bring about a reconciliation, after a civil divorce has been obtained, he will transmit the petition of the party seeking the ecclesiastical divorce, together with the decree of the civil divorce, to the Spiritual Court of the Archdiocesan District or Metropolis. The petition must include the names and surnames of the husband and wife, the wife's surname prior to marriage, their addresses, the name of the priest who performed the wedding, and the date and place of the wedding. The petitioner must be a member of the parish through which he or she is petitioning for divorce. Orthodox Christians of the Greek Orthodox Archdiocese who have obtained a civil divorce but not an ecclesiastical divorce may not participate in any sacraments of the Church or serve on the Parish Council, Archdiocesan District Council, Metropolis Council or Archdiocesan Council until they have been granted a divorce by the Church.



*Metropolitan Gerasimos of San Francisco with participants of the Annual Folk Dance Festival (FDF) of the Metropolis which was held in San Jose, CA (January 2010)*



*Metropolitan Evangelos of New Jersey places the holy relics into the altar of St. Barbara Church in Toms River during its consecration. Also pictured are Deacon Panayiotis Hanley, Fr. James Moulketis and Fr. Paul Pappas, pastor of St. Barbara Church. (November 2010)*

# PASTORAL GUIDELINES

## BAPTISMS

A person who wishes to sponsor a candidate for Baptism or Chrismation must be an Orthodox Christian in good standing and a supporting member of an Orthodox parish. A person may not serve as a godparent if the Church has not blessed his or her marriage or, if civilly divorced, he or she has not been granted an ecclesiastical divorce, or for any other reason he or she is not in communion with the Orthodox Church.

Baptisms may not be performed from Christmas Day through the Feast of Theophany (December 25-January 6), during Holy Week, or on any of the Great Feasts of the Lord.

## FUNERALS

Funeral services are permitted on any day of the year, except for Sundays and Holy Friday, unless permission is granted by the Archbishop or Metropolitan.

## MEMORIALS

Memorial services may not be chanted from the Saturday of Lazarus through the Sunday of Thomas, on any Feastday of the Lord or any Feastday of the Theotokos.

## FASTING

Just as there are times for feasting, there are also times set aside for fasting. During these periods, certain foods are prohibited. These are, in order of frequency of prohibition, meat (including poultry), dairy products, fish, olive oil and wine. Fruits, vegetables, grains and shellfish are permitted throughout the year. Of course, the Orthodox Church never reduces the practice of fasting to a legalistic observance of dietary rules. Fasting, that is not accompanied by intensified prayer and acts of charity, inevitably becomes a source of pride. The Church also recognizes that not everyone can fast to the same degree, and assumes that individual Christians will observe the fast prescribed for them by their Spiritual Fathers.

The following are fasting days and seasons:

1. All Wednesdays and Fridays, except for those noted below;
2. The day before the Feast of Theophany (January 5);

3. Cheesetare Week (the last week before the Great Lent, during which meat and fish are prohibited, but dairy products are permitted even on Wednesday and Friday);
4. Great Lent (from Clean Monday through the Friday before Lazarus Saturday, olive oil and wine are permitted on weekends);
5. Great and Holy Week (note that Great and Holy Saturday is a day of strict fasting, during which the faithful abstain from olive oil and wine),
6. Holy Apostles' Fast (from the Monday after All Saints' Day through June 28, inclusive);
7. Fast for the Dormition of the Mother of God (August 1-14, excluding August 6, on which fish, wine and olive oil are permitted);
8. Beheading of St. John the Baptist (August 29),
9. Exaltation of the Holy Cross (September 14); and
10. Nativity Lent (November 15-December 24, although fish, wine and olive oil are permitted, except on Wednesdays and Fridays, until December 17).

The following are fasting days on which fish, wine and olive oil are permitted:

1. The Feast of the Annunciation (March 25, unless it falls outside the Great Lent, in which case all foods are permitted);
2. Palm Sunday;
3. The Feast of the Transfiguration (August 6); and
4. The Feast of the Entry into the Temple of the Mother of God (November 21).

On the following days, all foods are permitted:

1. The first week of the Triodion, from the Sunday of the Publican and the Pharisee through the Sunday of the Prodigal Son, including Wednesday and Friday;
2. Diakainisimos (or Bright) Week, following the Sunday of Pascha,
3. The week following Pentecost; and
4. From the Feast of the Nativity of the Lord (December 25) through January 4.

## MAJOR GREEK ORTHODOX HOLY DAYS 2011

<b>January 1</b>	The Circumcision of Jesus Christ; St. Basil the Great	<b>June 29</b>	SS. Peter and Paul
<b>January 6</b>	Epiphany Day: The Baptism of Jesus Christ, Sanctification of the Waters and Manifestation of the Holy Spirit	<b>July 20</b>	Prophet Elias
<b>January 7</b>	St. John the Baptist	<b>July 27</b>	St. Panteleimon
<b>January 17</b>	St. Anthony the Great	<b>August 6</b>	Transfiguration of Jesus Christ
<b>January 30</b>	The Three Hierarchs: St. Basil the Great, St. Gregory the Theologian and St. John Chrysostom	<b>August 15</b>	Dormition (Falling Asleep) of the Blessed Virgin Mary (Theotokos)
<b>February 2</b>	The Presentation of Jesus Christ in the Temple	<b>August 29</b>	Commemoration of the Beheading of Saint John the Baptist
<b>February 6</b>	St. Photios the Great	<b>September 1</b>	The Beginning of the Ecclesiastical Year (Indiction)
<b>February 10</b>	St. Haralambos the Martyr	<b>September 8</b>	The Nativity of the Theotokos
<b>February 17</b>	St. Theodore	<b>September 14</b>	Exaltation of the Holy Cross
<b>February 26</b>	Saturday of Souls	<b>October 23</b>	St. Iakovos (James)
<b>March 7</b>	Paschal Lenten Period Begins	<b>October 26</b>	St. Demetrios
<b>March 13</b>	Sunday of Orthodoxy (observed on the First Sunday of Lent)	<b>November 1</b>	SS. Cosmas and Damianos
<b>March 25</b>	The Annunciation of the Blessed Virgin Mary (The Theotokos)	<b>November 8</b>	The Archangels Michael and Gabriel
<b>April 17</b>	Palm Sunday	<b>November 13</b>	St. John Chrysostom
<b>April 17-24</b>	Holy Week	<b>November 15</b>	Nativity Lenten Period begins
<b>April 22</b>	Holy (Good) Friday	<b>November 21</b>	The Entrance of the Blessed Virgin Mary (Theotokos) into the Temple
<b>April 24</b>	<b>HOLY PASCHA</b> The Resurrection of Jesus Christ	<b>November 25</b>	St. Catherine
<b>April 25</b>	St. George	<b>November 30</b>	St. Andrew the Apostle, Founder of the Church of Constantinople
<b>May 21</b>	SS. Constantine and Helen	<b>December 4</b>	St. Barbara
<b>June 2</b>	The Ascension of Jesus Christ	<b>December 5</b>	St. Savas the Sanctified
<b>June 11</b>	St. Bartholomew	<b>December 6</b>	St. Nicholas, Bishop of Myra
<b>June 12</b>	Sunday of Pentecost	<b>December 12</b>	St. Spyridon
<b>June 19</b>	All Saints Sunday	<b>December 25</b>	<b>CHRISTMAS DAY</b> The Nativity of Our Lord Jesus Christ
		<b>December 27</b>	St. Stephen the Protomartyr

## SACRAMENTS

### BAPTISMS:

November 6<sup>th</sup>

The child of Mr. & Mrs. George Kosmogiannis was baptized and named Alexa by her godparents, Anthoula Lagakos and John Legakos.

December 4<sup>th</sup>

The child of Mr. & Mrs. Louis Katsoris was baptized and named Cole Louis by his godparents, William and Elizabeth Gianaris.

December 12<sup>th</sup>

The child of Stavroula Boumakis was baptized and named Kristina Alexandra by her godparents, George and Panayiota Anastasopoulos.

January 9<sup>th</sup>

The child of Mr. & Mrs. James Gerontzos was baptized and named Viviana Melina by her godparents, Vasilios and Panagiota Diamantopoulos.

NA SAS ZISOUN!

During the past year we welcomed into the Greek Orthodox Church the following, who joined the Church through the Sacrament of Holy Chrismation:

Patrick Sebastian Grasso

His sponsor: Presvytera Kay Kyriakos

Alex Aleman

His sponsor: Peter Daikos

James Pugh

His sponsor: Chrysanthi Laskaris

Michael Victor Stewart

His sponsor: Angliki Vomvolakis

### WEDDINGS:

December 4<sup>th</sup>

The marriage of Nicholas Arsenis and Kristy Royle was blessed with Panagiotis Psalidas as sponsor.

CONGRATULATIONS AND BEST WISHES  
TO THE BRIDE AND BRIDEGROOM!

### FUNERALS:

November 22<sup>nd</sup>

John Kakalos

December 25<sup>th</sup>

Charles Zohos

December 30<sup>th</sup>

Constantin Samoila

January 16<sup>th</sup>

Stanley Townsend

MAY THEIR SOULS REST IN PEACE!

NEW MEMBERS

Andre Gregory	Helen Tsigrikes
George Marinopoulos	Olivia Andreacchi
Chrysostomos Komodikis	Evan Kostorizos
Liliane Offredo	Paulette Camarinos
Christina Kostelas	

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HOLY TRINITY SACRAMENT AND SOCIAL EVENTS CALENDAR – 2010 – 2011

2011

FEBRUARY

Sunday, February 20<sup>th</sup> Family Worship Sunday  
Saturday, February 26<sup>th</sup> 1:30 p.m. Wedding – Rahul Prasad and Joanna Mathews

MARCH

Saturday, March 5<sup>th</sup> 11:15 a.m. Wedding – Jaimie Loureiro and Maria Loureiro  
 12:00 Noon Baptism – Child of Mr. & Mrs. Jaimie Loureiro  
 Stewardship Sunday/Parish Breakfast sponsored the Stewardship Committee  
Sunday, March 6<sup>th</sup>  
Sunday, March 13<sup>th</sup> Sunday of Orthodoxy  
Sunday, March 20<sup>th</sup> Family Worship / Godparents Sunday

APRIL

Saturday, April 9<sup>th</sup> 12:00 Noon Baptism – Child of Mr. & Mrs. Tom Koltis

MAY

Sunday, May 1<sup>st</sup> 3:00 p.m. Wedding – Martin Danko and Christina Kostelas  
Saturday, May 7<sup>th</sup> 11:30 a.m. Baptism – Child of Mr. & Mrs. Andrew Barba  
Saturday, May 21<sup>st</sup> 11:30 a.m. Wedding – Mahesh Koumar and Tina George  
 5:00 p.m. Wedding – Brandt Weiss and Greta Schnell  
Sunday, May 22<sup>nd</sup> 1:00 p.m. Baptism – Child of Jason Cartagena and Lauren Fotinos  
 3:00 p.m. Baptism – Child of Mr. & Mrs. Costa Papademetriou  
Sunday, May 27<sup>th</sup> 1:00 p.m. Baptism – Child of Mr. & Mrs. Konstantinos Pantagis

JUNE

Saturday, June 4<sup>th</sup> 11:30 a.m. Baptism – Child of Dr. Tasios Vakkas and Dr. Sonia Varlamos  
Sunday, June 5<sup>th</sup> 1:30 p.m. Wedding – Michael Elshanna and Nermine Nakhla  
Friday, June 10<sup>th</sup> Greek School Graduation  
Saturday, June 12<sup>th</sup> Sunday School Graduation  
Saturday, June 25<sup>th</sup> 12:00 Noon Baptism – Child of Mr. & Mrs. Paul Jimenez  
 4:00 p.m. Wedding – Craig Molson and Despina Georgiou

JULY

Sunday, July 24<sup>th</sup> 3:00 p.m. Wedding – Mac Tawadros and Sarah Rabadi  
Sunday, July 31<sup>st</sup> 2:00 p.m. Wedding – Vinu Phillips and Siby Eapen

AUGUST

Friday, August 26<sup>th</sup> 4:00 p.m. Wedding – Stavros Pantelis and Kelly Rodriguez

SEPTEMBER

Saturday, September 3<sup>rd</sup> 4:30 p.m. Wedding – Timothy Oldroyd and Eleni Glekas

OCTOBER

Sunday, October 2<sup>nd</sup> 3:00 p.m. Wedding – Jonathan Burg and Barbara Kotsamanidis  
Saturday, October 8<sup>th</sup> 4:00 p.m. Wedding – Spiro Antonopoulos and Nitzalie Crespo  
Saturday, October 22<sup>nd</sup> 11:00 a.m. Wedding – Jason Cartagena and Lauren Fotinos

2012

APRIL

Saturday, April 21<sup>st</sup> 4:00 p.m. Wedding – Thomas Batsilas and Andonia Fountoulis

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